

Thinking about switching plans?

Open Enrollment is your opportunity to review your State of Rhode Island Anchor medical plan options and make any changes.

Speak privately with a BCBSRI representative.

During Open Enrollment, Blue Cross & Blue Shield of Rhode Island (BCBSRI) representatives will be available virtually to answer questions and review your options.

Fifteen-minute sessions will be offered as follows:

Tuesdays and Thursdays, November 2 – November 20, 2026

10 a.m. to 2:00 p.m.

To schedule an appointment, [click here](#).

*Please note that Open Enrollment representatives cannot assist with claim-specific inquiries. If you have questions regarding a claim, please call the **State of Rhode Island Employee CARE Center**.*

We're here to help.

The **State of Rhode Island Employee CARE Center** is available year-round to assist with:

- Medical benefit questions
- Medical claims inquiries
- BlueCare Connect member account questions
- Finding a provider

Call the **State of Rhode Island Employee CARE Center** at **(401) 429-2104** or **1-866-987-3705**, Monday through Friday, 8:00 a.m. to 8:00 p.m., and Saturday, 8:00 a.m. to noon.