

Thinking about switching plans?

Open Enrollment is your opportunity to review your State of Rhode Island Anchor medical plan options and make any changes.

Speak privately with a BCBSRI representative.

During Open Enrollment, Blue Cross & Blue Shield of Rhode Island (BCBSRI) representatives will be available virtually to answer questions and review your options. Fifteen-minute sessions will be offered as follows:

Monday through Friday, October 20 to October 31, 2025

10 a.m. to noon and 1:00 p.m. to 2:15 p.m.

To schedule an appointment, [click here](#).

*Please note that Open Enrollment representatives cannot assist with claim-specific inquiries. If you have questions regarding a claim, please call the **State of Rhode Island Employee CARE Center**.*

We're here to help.

The **State of Rhode Island Employee CARE Center** is available year-round to assist with:

- Medical benefit questions
- Medical claims inquiries
- BlueCare Connect member account questions
- Finding a provider
- Workterra password reset

Call the **State of Rhode Island Employee CARE Center** at (401) 429-2104 or 1-866-987-3705, **Monday through Friday, 8:00 a.m. to 8:00 p.m., and Saturday, 8:00 a.m. to noon.**